

I R E L A N D
move
Men Overcoming Violence

FROM
HARM TO

Pivot To The Perpetrator

hope

ANNUAL
REPORT
2023

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Our Mission

Our mission is to ensure a safer future for all, by delivering effective interventions that ensure support and protection for survivors, accountability and rehabilitation for perpetrators and which advances policy and research on domestic, sexual, and gender-based violence.

Our Vision

An Ireland without intimate partner abuse.



OUR CORE VALUES

Courage

Respect

Accountability

Professionalism

Collaboration

Chairperson's Welcome

My name is Danny Lambert, and I am honoured to serve as Board Chair for MOVE. This year has been one of renewal for MOVE. After more than 25 years of pioneering work to reduce the harm caused by domestic, sexual and gender-based violence, this year MOVE welcomed a new chapter of leadership with CEO Michelle Walsh. And an entire new board, including myself, came together this year with a shared commitment to carry forward this vital mission.

Achievements of the Past Year

Over the past twelve months, we have worked to establish a framework for MOVE's future growth – this was achieved with the launch of our new strategy which charts a course for the coming years, and on which we've already made substantial progress.

Financial Health and Sustainability

None of the critical work undertaken by MOVE would be possible without a solid financial basis. Thanks to careful financial stewardship and intelligent relationship-building with our funders, MOVE is well set in this regard to be able to carry forward our multi-year strategy.

Looking Forward

As we look ahead, I am inspired by the vision set by our Michelle Walsh and the enthusiasm of our board. Our focus in the coming year is expanding MOVE's reach and continuing to hit goals and milestones set in our strategy document.

Closing and Call to Action

In closing, I want to express my deepest gratitude to each of you—our supporters, staff, volunteers, and partners. Your dedication, trust, and belief in our mission make our work possible. We cannot do this alone. Thank you for your continued support as we begin this new chapter together.

Danny Lambert

Danny Lambert

Chairperson
MOVE Ireland



Message from our CEO

MOVE Ireland is pleased to present our annual report for 2023. As I stepped into the role of Chief Executive Director in September 2023, it became clear that this year marked a significant period of transformation for our organisation. Despite the changes we faced, MOVE Ireland continued to thrive, demonstrating resilience and growth.

We experienced a remarkable 36% increase in referrals, and all groups were ongoing. This success would not have been possible without the unwavering dedication of our regional managers, facilitators, partner contact workers, clinical supervisors, and peer practice supervisors. My deepest gratitude goes to everyone involved for their commitment to our mission and the excellent services they provide.

I would like to extend a special thank you to Lisa Brown, our Director of Client Services. Her invaluable support and dedication to MOVE Ireland's crucial work have been instrumental to our progress, and vital to the organisations success throughout 2023.

As CEO, I feel the time has never been more important to focus on improving prevention and intervention programmes, to ensure the safety of society and to support a zero-tolerance approach to Domestic, Sexual, and Gender-Based Violence. Research is constantly confirming the vital role that men play in addressing DSGBV. Perceived peer support has been found to be a consistent predictor of men's use of violence. This is why behaviour intervention programmes like 'CHOICES' facilitated by MOVE Ireland, are so important in combatting DSGBV as they encourage men to take responsibility for their abuse, reflect on their actions, and learn about the effects of domestic abuse on their partner and family.

This is why we have decided to call this year's report 'From Harm to Hope: Pivot to the Perpetrator.' We believe that change is possible and that intervention programmes have a real impact on our society. We believe if we can foster change within our group programmes by encouraging clients to investigate their attitudes and beliefs, then talking more about DSGBV and investigating attitudes and beliefs at a societal level will benefit all and help create a safer Ireland.

We look forward to our continued success in 2024.

Michelle Walsh



CEO
MOVE Ireland



Key highlights of our 2023 Statistical report

74%

Unreported and Unrecognised Cases:

74% of women supported by MOVE Ireland have never engaged with formal services.

This lack of engagement increases isolation and leads to invisibility in official Irish statistics.

34%

Positive Impact of Engagement and Intervention:

Engagement in support programs can improve family safety.

Perpetrator programs show potential for long-term positive family outcomes. We received 394 referrals in 2023, showing a 34% increase since 2022.

382

Children in Domestic Violence Situations:

MOVE Ireland recorded 382 children impacted by domestic violence. 36% of these children live with both parents, and 57% are not recognised by TUSLA as being in such situations.

744

744 support appointments were given to partners of the men on the programme

46%

Self-referrals are the highest percentage (46%) of MOVE Ireland's referrals, marking a crucial step toward support.

BOARD OF MANAGEMENT

Danny Lambert (Chair)

Hi, I'm Danny, and I've been delighted to be MOVE's board chair for 2024. Professionally, I've worked in tech for the past ten years, but in my spare time I like nothing more than getting away from a computer screen! I do still have a techy interest in efficiency though, and this is why MOVE's work is so appealing to me - we're targeting harm reduction right at the source. I've been very much in awe of the fantastic work everyone at MOVE does, most particularly our facilitators, and I'm looking forward to seeing us do even more good in 2025



Tom O'Leary (Vice Chairperson & Strategic Planning Committee)

By trade I am an ecological coach who coaches, mentors, and teaches leaders who are shaping a brighter collective future. More importantly I am proud to have become: a loving dad to 2 wonderful teenagers; a loving husband to a wonderful and inspiring woman; a friend to some extraordinary souls; a concerned ancestor to future generations of all species.

Sharon O Meara (Strategic Planning Committee)

I began my career in administration in 1995, handling wages, creating promotional materials, participating in fundraising events, and managing budgets for a charity focused on HIV/AIDS support. I shifted to counselling, starting with a certificate course in 1998, followed by a Professional Diploma in Counselling and Psychotherapy at The TIVOLI Institute from 1999 to 2002. As I gained qualifications and accreditation, my role at the charity, now known as Goshh, expanded. I specialized in various issues, including Gender, Sexual Health, HIV, and support for survivors of Rape, Sexual Assault, Human Trafficking, and other forms of trauma. I completed numerous specialized training programs, including training in Suicide Prevention and Domestic Abuse Awareness. In 2013, I finished a two-year counselling training program with the Midwest Rape Crisis Centre. I am accredited with IACP and RCNI.



Kate Minogue (Strategic Planning/Risk Register)

I split my time between Fractional C-suite roles with startups and advising companies on their Data and AI strategies. I am passionate about the potential that data and technology have for good and focus my work on the intersection between people, strategy and data for various industries.

I've worked in Data and Analytics roles for the past 13 years, most recently in a leadership role in Meta. Last year, I graduated from an Executive MBA and having finished my studies was eager to find a charity in the Women's wellbeing space to support. I'm so excited by the important work MOVE does and the impact we can have together.

Gráinne Ní Chearmada (Strategic Planning Committee)

Is Comhairleoir/Síciteiripeoir agus Maoirseoir Cliniciúil mé le breis agus cúig bliana déag. Oibrím freisin le Gníomhaireacht Leanáí & Teaghlaigh TUSLA agus tá sé sin déanta agam anois le breis agus 25 bliain. Táim ceangailte leis an bhFoireann Altrama faoi láthair. Bhí baint agam leMOVE roimhe seo roinnt blianta ó shin trí atreoruithe a chur isteach agus bhí mo spéis i gcónaí saneagraíocht seo. Bhí sé de phribhléid agam gur iarradh orm a bheith ar a mBord, toisc go bhfuil aird chomh tréscailteach ag an eagraíocht seo ar idirghabháil agus ar chosc an DSGVB. Is annamh abhíonn am saor in aisce, áfach, nuair is féidir, tá sé ag leanúint mo chroí Man United (ar son mo pheacaí) agus ag freastal ar gig maith ceoil nó grinn.



Reidin Dunne (HR Sub Committee)

I am a passionate social justice advocate. Currently, I am Head of Services with SAOL, Ireland only gender specific female addiction rehabilitation and education service based in Dublin's North inner city. For over 25 years I have worked for and with marginalised people including young people, people with care experience, justice involved women and men impacted by addiction and domestic, sexual, and gender-based violence. I am an advocate for radical compassion and believe in rights-based participation and the inherent dignity and value of individuals exactly as they are. I am an artist, an activist and an advocate, and an ardent champion of the YAP model and a believer in the ability of each young person's ability to change the world for the better.



Grainne Carr (HR Sub Committee)

I am an experienced Coach, Trainer and Facilitator, and founder of Consent Matters Ireland – an organisation whose vision is to make society safer through consent education. With over two decades previous experience working in financial services managerial roles; my focus now is supporting the development of consensual competence and providing education, training and support for students, teachers, therapists and the general public.



Aidan Ruane (Finance Sub Committee)

My background is in credit control, and I have an interest in finance, cash flow, and internal controls. I am based in Athlone. I have a variety of voluntary and committee experience, but this is my first role on the board of a charity. My vision for MOVE Ireland is rooted in ensuring financial and strategic resilience, enabling it to continue to support the safety and wellbeing of women and their children.



Orlaith Morrissey (Company Secretary)

After completing my BA in Applied Psychology in 2018 and my MA in Work and Organisational Psychology in 2020, I began working as part of a HR and Payroll department. Earlier this year, I was delighted to join the MOVE Ireland team as Development Officer. I am passionate about DSGVB related work and hope to help MOVE Ireland grow and develop as it continues to work towards zero tolerance, and promote the safety and well-being of those impacted by domestic abuse



STAFFING STRUCTURE

Chief Executive Officer

Ewa Fitzgerald (stepped down in April 2023)
Lisa Brown (acting April- October 2023)
Dr Michelle Walsh (commenced in September 2023)

Core Staff

National Administrator:

Brenda Sheehan (stepped down July 2023)
Megan Downes (commenced July 2023)

Finance Officer:

Ann Tuohy (stepped down October 2023)
Martina Burke (commenced December 2023)

Development Officer:

Fionnuala Collins (stepped down April 2023)
Zara O'Reilly Demspey (commenced August 2023)

Partner Contact Workers

Meath- Moe Reynolds

Athlone- Lisa Quigley

Galway/Sligo- Rosaleen Kilgannon

Kerry- Mairead Hanrahan

Cork- Linda Mulcahy

Dublin- Flo Gaffney

Limerick- Bridget Haren

Dundalk- Women's Aid Dundalk
(stepped down August 2023)

Martina Greenhalgh (commenced
September 2023)

Area Co-ordinators

South-West Co-Ordinator:

John Russell (stepped down February 2023)
Vivienne Walls (covering February-May)
Fiona Taylor (commenced May 2023)

Cork Co-ordinator:

Maura Fennel (stepped down in April 2023)
Vivienne Walls (covering April-May 2023)
Fiona Taylor (commenced May 2023)

Mid-West Co-Ordinator:

Lisa Brown (stepped down July 2023)
Tracey Halloran (commenced July 2023)

North-East Co-ordinator:

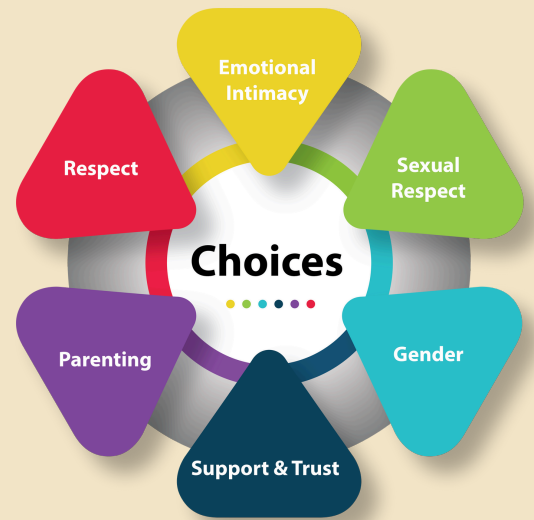
Lisa Brown (stepped down November 2023)
Stephen Ryan (commenced November 2023)

Facilitators

We had a total of 28
facilitators across our
groups nationwide

The National Domestic Abuse Prevention Programme: CHOICES

MOVE Ireland provides a Domestic Abuse Prevention Programme for men. Clients are encouraged to take responsibility for their abuse and learn about the effects of domestic abuse on their partner and family. Clients learn how to react without being abusive and are shown ways to cope with feelings and behaviours in difficult situations. Clients are challenged to change their attitudes and behaviours, and to develop respectful, non-abusive relationships. The CHOICES programme is a professionally led group behaviour intervention programme which allows clients to learn from and support each other.



The CHOICES programme covers 6 core modules which are delivered over twenty-three group sessions. The modules covered are Emotional Intimacy, Respect, Parenting, Gender, Sexual Respect, and Support and Trust.

The modules are on particular themes and help participants to:

- Learn about the effects and consequences of domestic violence on their partner and family.
- Participate in group sessions with other individuals who have behaved in a similar way.
- Talk openly about their behaviour and the people affected by it.
- Identify the beliefs and attitudes which underpin violence and abuse.
- Cope with their behaviour and feelings in difficult situations.
- Learn how to react without being abusive.
- Learn about respect and responsible parenting.
- Learn to understand and recognise the need to change their behaviour.

IMPACT OF OUR CHOICES PROGRAMME

Thinking about the one to one sessions you participated in. Was there anything in particular that you found was helpful?

“Safety plan”

“I found the programme as a whole to be brilliant. Every aspect helped me. Even when I found it hard it helped. It was definitely an investment in my future”

Is there anything else you would like to tell us about?

“The programme is life changing it is very good”

“I'm glad I did the programme and it's opened my eyes to lots of behaviours. I will continue working on myself”

When thinking about participating in group sessions. Was there anything in particular that you found helpful?

“Listening to the other men admitting to their wrongdoings and them seeing the positive in the end. Facilitators were nice and friendly and other group members were clued in and focused”

“The fact they kept challenging me. Made me have to look at myself in lots of areas”

Partner Contact Service

MOVE Ireland is a national organisation that works to address the issue of domestic abuse carried out by partners. The Partner Contact Service offers support to the current or former partners of those participating in the CHOICES programme. The clients on the programme must provide the contact details of their current or former partners. We ask this of them so we can offer current or former partners the opportunity to avail of this support.



Partners of men participating in the Choices programme, play a significant role in the rehabilitation process, though their involvement can vary depending on the unique circumstances of each case.

MOVE Ireland aim to rehabilitate participants but recognise that the process can be long and complex, with varying levels of success. Supporting partners ensures a balanced approach that prioritises the safety and well-being of all individuals affected by domestic violence.

Practical and emotional support

Safety Support Planning

Information on court proceedings

Advocacy

Outreach Support

Signposting

Court and Other accompaniment

What the Partner Contact Service offers

1. Safety Planning and Support Services

Risk Assessment: For partners of participants on the Choices programme, assessing ongoing risk is crucial. Support services often prioritise the safety and well-being of the partner and any children involved, with regular check-ins and risk reassessments.

Safety Planning: Partner Contact workers support partners to develop individualised safety plans, especially if there are concerns about retaliation or heightened risk during the partner's participation in the program.

2. Access to Counselling and Support Groups

Emotional Support: Partners may experience a range of emotions, including hope, fear, anger, and scepticism, especially regarding the effectiveness of the program. **Counselling** provides a space for partners to express these feelings safely. **Support Groups:** Connecting with other partners in similar situations can be beneficial for coping with the unique stressors associated with domestic violence and supporting a partner in a perpetrator program.



3. Regular Updates on Partner Progress

MOVE Ireland offer updates on participant's progress. The partner may receive information on areas of concern, like attendance or engagement level, to provide some assurance about potential changes in behaviour.

4. Educational Resources on Domestic Violence and Patterns of Abuse

Partner contact workers on MOVE Ireland provide information for partners to help them better understand abusive behaviour patterns, identify signs of genuine change, and recognise manipulation or attempts at coercive control.

5. Empowerment and Self-Care Resources

MOVE Ireland encourages partners to prioritise their own well-being and empowerment, especially if they've experienced isolation or control. Self-care techniques, empowerment strategies, and boundary-setting support is integral to their journey.

6. Legal and Financial Guidance

In cases where financial control or legal entanglements are involved, MOVE Ireland can give information, signpost or support on topics like finances, housing rights, and protective orders.

IMPACT OF OUR PARTNER CONTACT SERVICE

What supports were particularly helpful to you?

“talking - information - safety - self care”

“Speaking with my support worker”

“my support person was very helpful”

What difference did the programme make to yours and your children's lives while it was running?

“When my partner was attending the programme there was a sense of security as his behaviour was not as bad at times”

“I felt safer and stronger”

744 phone calls were made to the women

What did you appreciate most about the contact support?

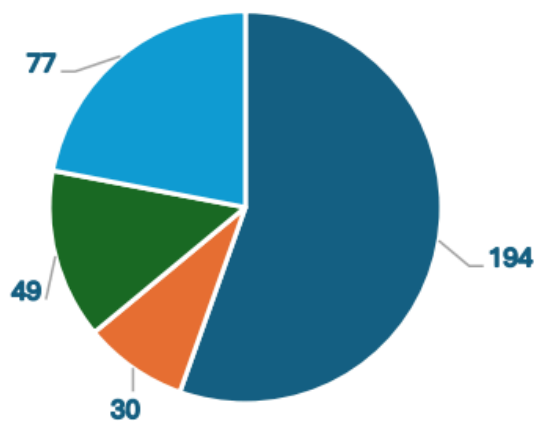
“They were supportive to me and available to speak when needed”

“It was good for me to talk and not feel judged. Happy with supports”

17 women were supported in person

3 women were supported over zoom

Partner Engagement



- Man did not engage did not contact partner
- Did not wish to engage with PC worker
- Unable to contact due to No contact order
- Accepting of Support

Partner Support Acceptance:

Across all locations, 77 partners accepted support. The highest acceptance rates are in Cork, Dublin City, Limerick, and Meath,

Involvement in DV Services:

Out of the 77 partners who accepted support, 20 had previous involvement with DV services (26%). A majority (57) had no previous DV service involvement but still accepted support, indicating that many partners may be engaging with support for the first time.

Regional Breakdown of Previous DV Involvement:

Dublin City and Limerick have the highest counts of partners previously involved with DV services followed by Malahide and Louth. This trend suggests that these regions may have more established DV services or awareness, leading to higher involvement among partners. Cork and Sligo had the highest count of partners accepting support but no involvement with prior DV services.

Full Programme Engagement:

Out of all regions, 57 participants engaged for the full program, with DC and Limerick leading in completion. Interestingly, the regions with higher partner acceptance rates (like DC and Limerick) also tend to have higher program completion rates, which indicates that partner support might correlate positively with participant commitment.

Disengagement Rates:

Relatively Low Disengagement: Across all locations, only 16 participants disengaged.

Finality of our Strategic Plan 2020-2024



Finality of our Strategic Plan

MOVE Ireland's Strategic Plan 2020-2024 has been foundational in guiding the organisation's growth, development, and operational strategies. This plan outlines MOVE Ireland's vision for expanding its reach, improving programme accessibility, and deepening its impact on addressing domestic abuse through sustainable intervention methods. It has served not only as a roadmap for the organisation's goals but also as a dynamic tool, adapting and informing decisions as the landscape of domestic violence prevention evolves.

By implementing the strategies within this plan, MOVE Ireland has continuously improved how it engages with communities, secures funding, and collaborates with referring organisations. The strategic plan's emphasis on key areas such as accessibility, partnership building, and digital



transformation has influenced MOVE Ireland's ability to pilot online programmes, increase social media outreach, and reinforce referral pathways.

As MOVE Ireland approaches the end of this strategic cycle, the insights gained have laid a strong foundation for future planning. The lessons learned from this period will shape the organisation's next phase of development, ensuring that it continues to meet community needs with a forward-thinking approach. Through this strategic framework, MOVE Ireland remains committed to evolving its services and operations to achieve lasting impact in domestic abuse intervention and prevention across Ireland.

01 Priority 1: Increase the safety of women and children at the risk of domestic abuse through on going professional provision of DAPPs to best practice standards.

MOVE Ireland is committed to increasing the safety of women and children at risk of domestic abuse through the ongoing, professionally delivered Domestic Abuse Perpetrator Programmes (DAPP), adhering strictly to best practice standards. This commitment involves continuously training and upskilling facilitators, refining programme content, and aligning with internationally recognised guidelines for effective perpetrator intervention. MOVE Ireland adhere to the European Standards for Perpetrator Programmes, developed by Working With Perpetrators (WWP).



By maintaining best practice standards, MOVE Ireland ensures that its DAPP initiatives prioritise accountability and behaviour change among participants, with the overarching goal of reducing the risk of further harm to partners, ex-partners, and children. The programme is structured to address critical areas such as respect, empathy, and personal responsibility, fostering attitudes and behaviours that contribute to safer relationships and environments for those affected by domestic abuse.

Ongoing evaluation and feedback processes are also embedded within MOVE Ireland's approach to DAPP, ensuring that the programme remains responsive to emerging needs and maintains a strong, evidence-based foundation. This dedication to high standards underscores MOVE Ireland's mission to create a safer future for women, children, and families impacted by domestic abuse across Ireland.

Facilitators of the Choices Programme are required to complete the Level 8 Special Purpose Award at the Southeast Technological University (SETU), formerly known as Carlow IT. This accreditation emphasizes accountability and behavioural change over mere compliance, ensuring that facilitators are equipped with the necessary skills and knowledge to effectively engage with programme participants.



02 Priority 2: Ensure sustainability, consolidate and extend programme delivery. Ensure sustainability through consolidation.

MOVE Ireland is focused on ensuring the sustainability and growth of the Choices Programme through resource optimisation and data-driven decision-making. Key strategies include:

Budget Efficiency: In 2023, MOVE Ireland received funding from the Department of Justice to transition the Choices Programme to a rolling format, allowing participants to join at various times of the year. This reduces wait times and enhances accessibility while maximising program capacity without significantly increasing funding needs.

Continuous Improvement: MOVE Ireland partners with TechStorm for a CRM platform, which allows us to analyse program data to identify trends and gaps, allowing for strategic adjustments that maintain high standards in a dynamic funding and social landscape.



Feedback Mechanisms: The organisation actively seeks feedback from participants, partners, and staff to understand experiences and identify areas for improvement. This information is crucial for refining program practices and ensuring alignment with best practices.



An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency



An tSeirbhís Phromhaidh
The Probation Service



An Garda Síochána
Ireland's National Police and Security Service

Partnership Collaboration: MOVE Ireland collaborates with organisations like the Probation Service, Gardaí, and TUSLA to streamline participant entry and enhance service reach. These partnerships help optimise resource sharing and improve service efficiency.

Online Expansion: In response to rising demand, MOVE Ireland piloted an online version of the Choices Programme in 2023 to accommodate individuals facing barriers to attending in-person sessions.

Through these initiatives, MOVE Ireland aims to sustainably enhance the Choices Programme's ability to serve individuals and communities effectively.

03 Priority 3: Develop pathways to MOVE programmes, communications, and media strategy.



MOVE Ireland actively collaborates with various organisations, including the Probation Service, Gardaí, TUSLA (the Child and Family Agency), community organisations, and college students, to streamline and clarify the referral process to domestic abuse perpetrator programmes. This strategic engagement aims to ensure that these groups have a thorough understanding of how and when to refer individuals to the Choices Programme and similar interventions.



By establishing clear, accessible guidelines for referrals, MOVE Ireland enhances the likelihood that individuals who could benefit from the programme are identified and supported early in the process. This collaboration involves training sessions, workshops, and ongoing dialogue with these organisations to foster a shared understanding of the programme's goals, eligibility criteria, and referral mechanisms.

In 2023, MOVE Ireland enhanced its outreach and public awareness efforts by participating in the Virgin Media docuseries "Until Death," which delves into domestic abuse and femicide in Ireland. This collaboration provided a platform to discuss the organisation's work and the importance of perpetrator intervention programs.

MOVE Ireland regularly promotes pathways to referrals through its social media platforms, using them as a vital tool to raise awareness and inform the public about the Choices Programme and other domestic abuse intervention initiatives. Through consistent posts, MOVE Ireland provides information on how individuals, families, and referring agencies can access these services, detailing the steps involved in the referral process.

These social media efforts aim to reach a broad audience, including potential participants, concerned family members, and professionals in related fields. By sharing success stories, educational content, and referral guidelines, MOVE Ireland encourages early intervention and ensures that more people are aware of the resources available to them. This digital outreach complements MOVE Ireland's in-person engagements, building an accessible and informative online presence that supports individuals and organisations in making informed decisions about referrals to perpetrator programmes.



Move Ireland



move_ireland



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04 Priority 4: Measure Success. Share our expertise and knowledge.

MOVE Ireland is dedicated to measuring success and sharing its expertise to continually enhance the impact of its programmes. Through ongoing evaluation, specialised training, and educational talks, MOVE Ireland actively contributes to the broader community of professionals working to prevent and address domestic abuse.

Measuring Success:

MOVE Ireland employs evaluation methods to evaluate its programmes' effectiveness, focusing on participant outcomes, behaviour change, and feedback. Key metrics include reductions in harmful behaviours, participant engagement, and safety improvements for families. These insights guide program refinements and showcase the value of interventions to stakeholders. MOVE Ireland's dedication to ongoing evaluation allows for regular performance reviews and strategy adaptations to meet emerging needs and best practices, ensuring its services remain effective and relevant.



Educational Talks and Workshops:

MOVE Ireland frequently delivers talks and workshops at colleges, community organisations, and professional gatherings, raising awareness about domestic abuse intervention and the Choices Programme. MOVE Ireland gave talks in University College Dublin, Dundalk Institute of Technology, and South East Technological University.

These sessions offer insights into programme design, behaviour change theories, and best practices in working with individuals who have engaged in abusive behaviour.

By sharing this knowledge, MOVE Ireland not only educates but also inspires future professionals to contribute to domestic abuse prevention.

Sharing Expertise and Knowledge:
Training for Agencies: MOVE Ireland provides targeted training for partner agencies, including the Probation Service, Gardaí, TUSLA, and community organisations. These training sessions cover topics such as referral pathways, risk assessment, and intervention techniques, equipping agency staff with the tools they need to support individuals in making positive changes. Through these partnerships, MOVE Ireland strengthens a network of support for individuals and families affected by domestic violence.



University College Dublin
Ireland's Global University



Ollscoil
Teicneolaíochta
an Oirdheiscirt

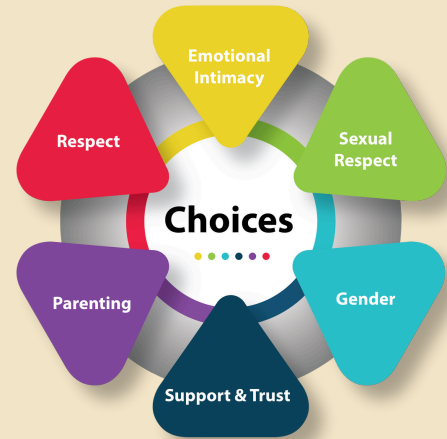
South East
Technological
University

05 Priority 5: Actively contribute towards the prevention of male violence against women and children.

MOVE Ireland is dedicated to preventing male violence against women and children through a comprehensive approach that incorporates intervention, education, and community engagement. This commitment supports its mission to foster safer environments and drive lasting changes in attitudes towards gender-based violence.

Evidence-Based Intervention:

MOVE Ireland offers the Choices Programme and other structured interventions for men exhibiting abusive behaviours. These programs emphasise accountability, empathy, and respectful relationship skills, encouraging participants to recognise and take responsibility for their actions. Through both individual and group support, MOVE Ireland helps men confront harmful patterns and develop skills for non-violent relationships.



Education and Awareness:

Recognising the need for societal education, MOVE Ireland engages communities through talks, workshops, and public awareness campaigns to highlight the impact of domestic abuse and promote a zero-tolerance culture. Additionally, the organisation collaborates with educational institutions to instill values of respect and non-violence in future generations. Dr Mary Kennedy, invited John Doyle (MDN) & Lisa Brown (Move Coordinator) to train Social Work Master Students. A great opportunity to give them insight into our work regarding Domestic Abuse, specifically our work with male perpetrators of Domestic Abuse



Advocacy and Knowledge Sharing:

MOVE Ireland trains professionals in fields like law enforcement, healthcare, and education to equip them with skills to identify and support at-risk individuals. This training enhances the support network available for women and children, while also promoting accountability for perpetrator. Intensive training took place at our National Training Conference in 2023.

Through these multifaceted efforts, MOVE Ireland is committed to its goal of preventing male violence, fostering a culture of respect and equality, and creating a safer society for all.



Initiatives Started In 2023

Individual Program for Domestic Violence abuser after Completion of Choices Group Program.

The MOVE Ireland report presents the Individual Continuation Program, a pilot initiative aimed at providing sustained support to domestic abuse perpetrators who have completed the Choices group programme. Recognising a critical gap in follow-up support, this therapeutic programme was designed to address the risk of relapse by reinforcing behavioural changes and addressing unresolved emotional issues through individual sessions focused on personal growth. Sessions were led by a specialist facilitator with expertise in domestic abuse dynamics and counselling, creating a supportive environment for participants. A key feature of the pilot was collaboration with probation services, which helped select participants and monitor their progress to ensure safety for affected families.

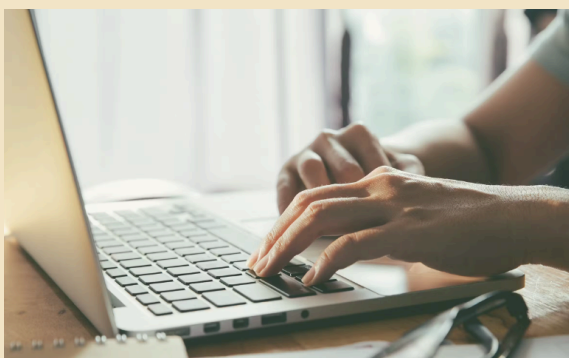


The program enrolled five men, all of whom demonstrated accountability for their past actions and expressed a need for ongoing counselling support. Findings from the pilot showed that active participation led to significant improvements in emotional regulation and self-awareness. Both participants and probation officers advocated for expanding the programme to include all Choices graduates, highlighting its potential in reducing recidivism.

In conclusion, the report underscores the importance of tailored, individualised support in promoting lasting behavioural change and preventing relapse into abusive patterns. The recommendations include scaling the programme, strengthening partnerships, establishing clear criteria for participants and facilitators, and implementing rigorous evaluations to assess safety outcomes. Overall, the Individual Continuation Program holds promise as an effective intervention to foster deeper change and create safer environments for families affected by domestic abuse.



A link to the full report can be found on our website and through the QR code.



Pilot of an Online Programme in Sligo

In response to rising demand, MOVE Ireland piloted an online version of the Choices Programme in 2023 to accommodate individuals facing barriers to attending in-person sessions.

Statistical Report 2023



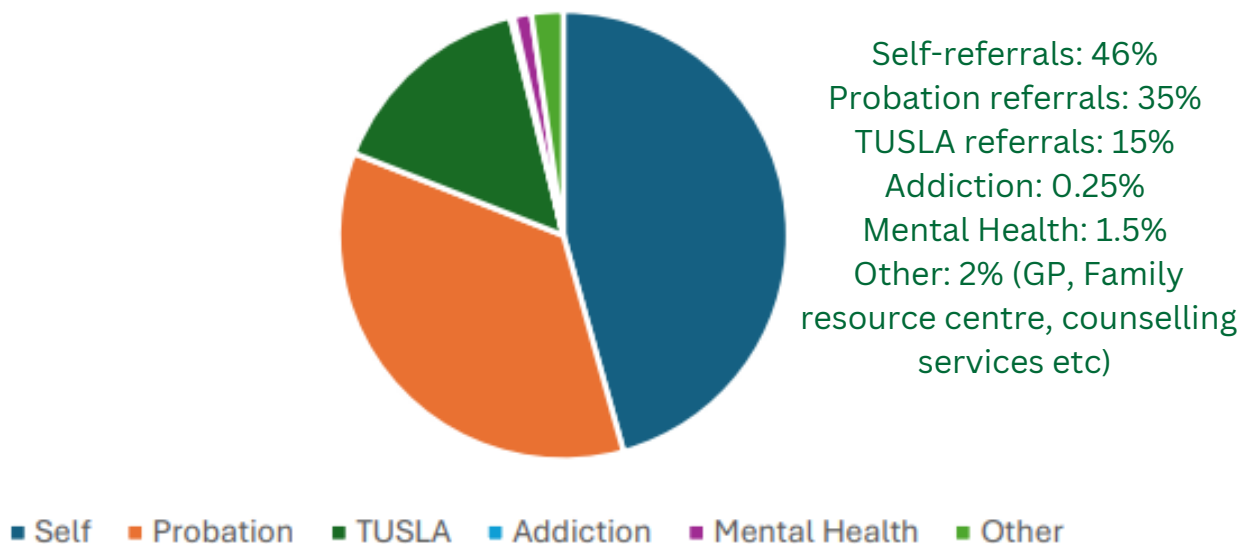
REFERRALS 2023

In 2023 MOVE Ireland received a total of 394 referrals to our 11 group nationwide. This was an increase of 34% on 2022 (279 referrals)

Insights:

- Self-referrals are consistently the largest source of referrals in all locations, particularly prominent in Malahide (74%), Tallaght (51%), and Cork (43%).
- Probation referrals play a significant role, especially in Cork (23%) and Sligo (25%).
- TUSLA referrals are less frequent but still notable, ranging between 8%-12% in most regions, with a higher proportion in Cork (10%).
- Addiction and Mental Health-related referrals are relatively smaller but critical in locations like Cork and Tallaght, where addiction accounts for 16% and 8% of referrals, respectively.
- Other referrals are marginal across all locations.

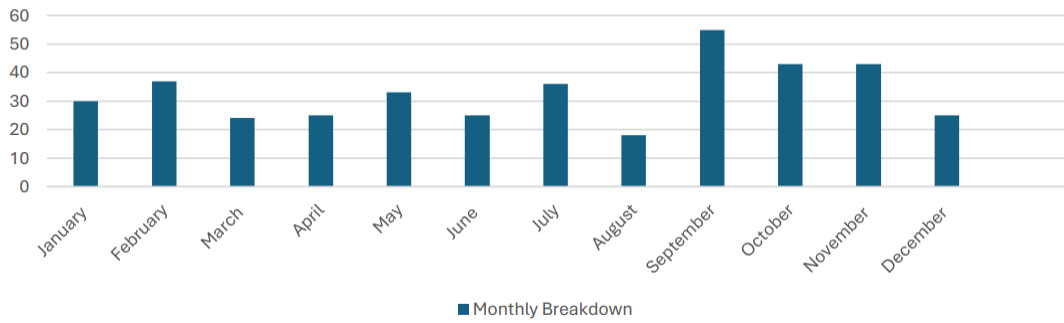
Referrals



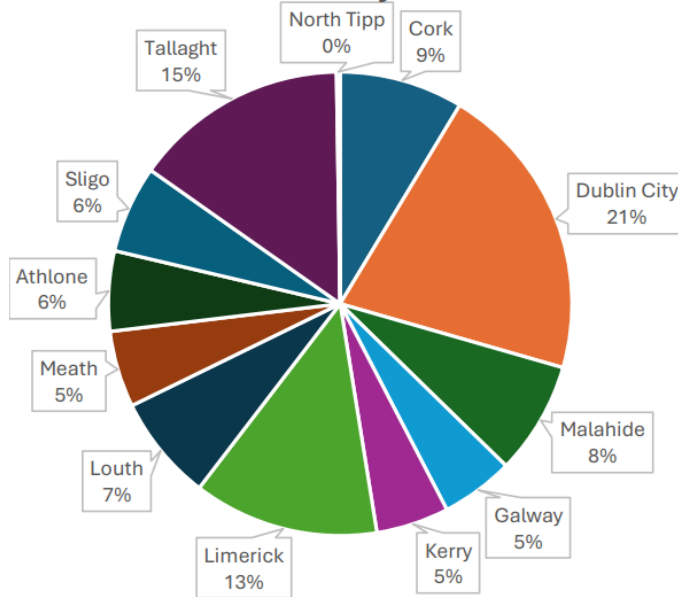
The data highlights that self-referrals are the most significant contributor to referral numbers, indicating a strong level of individual initiative in seeking services. Probation services are the second most significant source, these are clients known to the criminal justice system. TUSLA and addiction-related referrals also represent substantial portions, emphasizing the multidimensional nature of the support needed.

REFERRALS 2023

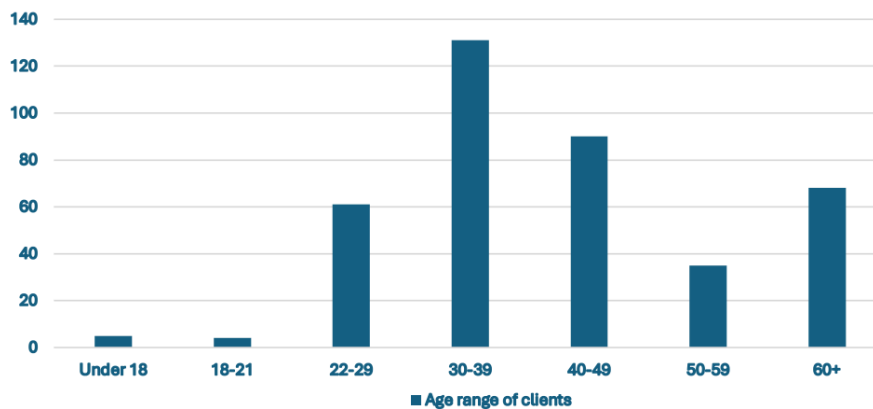
Monthly Breakdown



Referrals by area



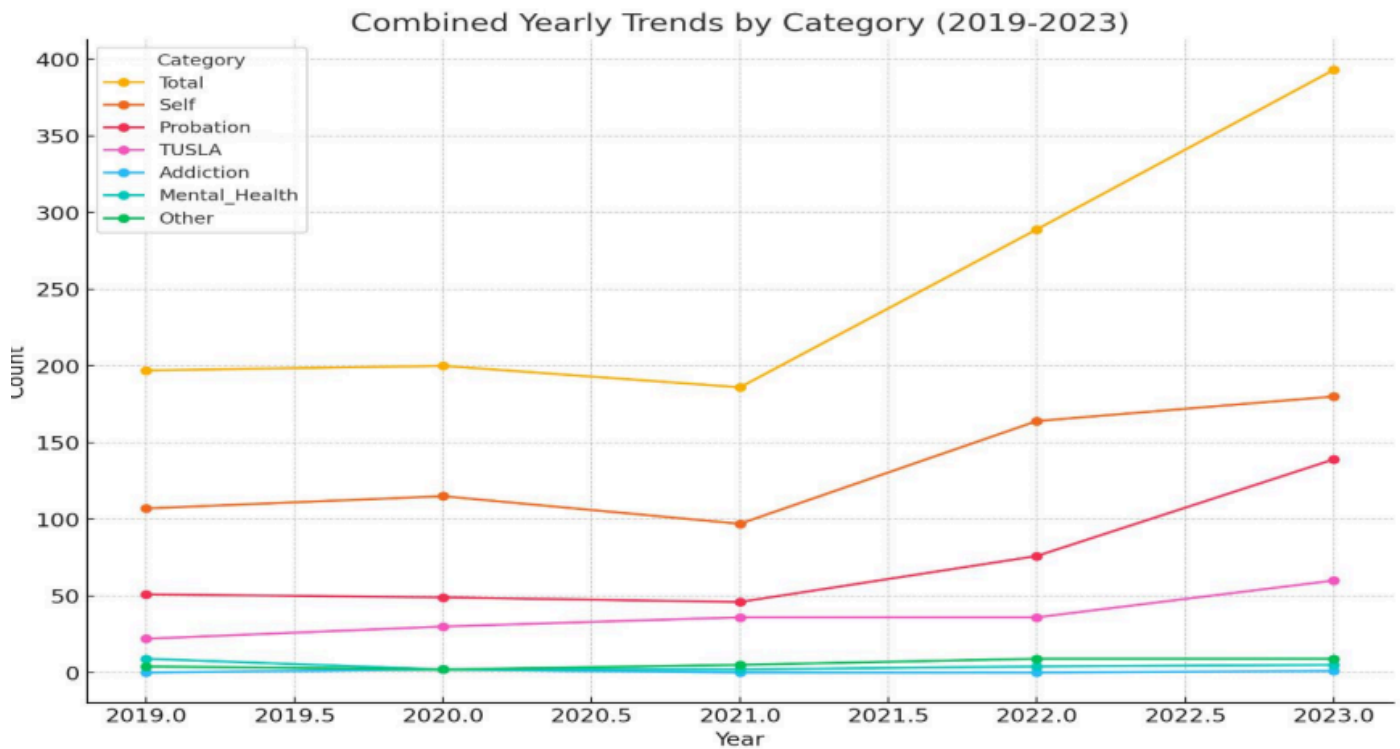
Age range of clients



Total number of weeks group ran for in the year

- | | |
|-------------|----------------|
| Galway 26 | Dublin City 37 |
| Athlone 33 | Louth 28 |
| Sligo 26 | Cork 26 |
| Tallaght 36 | Kerry 26 |
| Malahide 40 | Limerick 31 |
| Meath 33 | |

TRENDS OVER THE LAST 5 YEARS

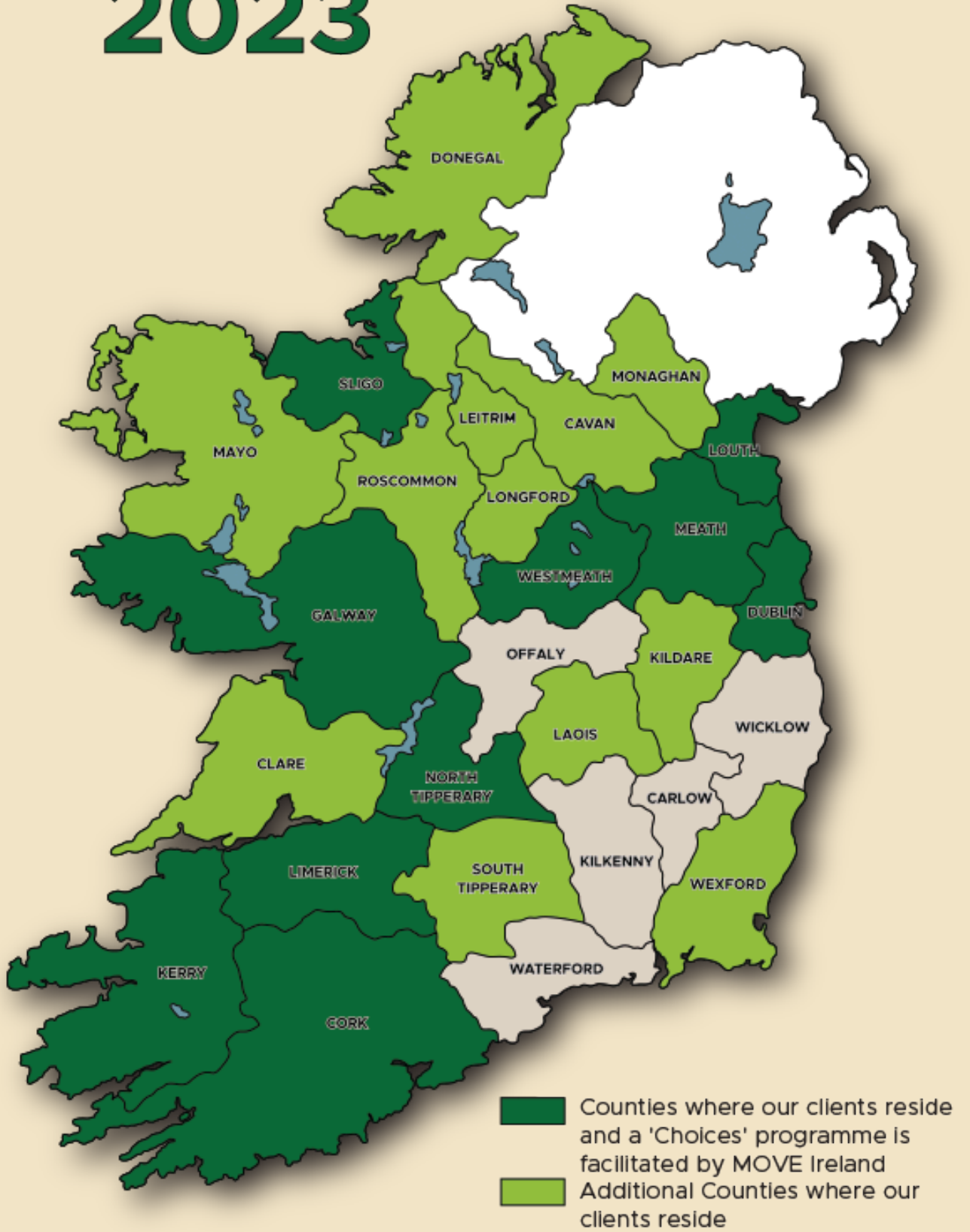


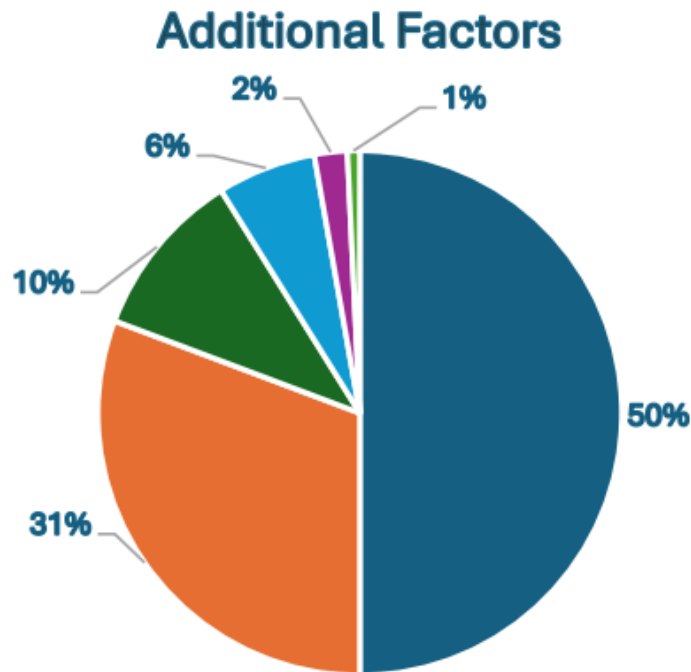
The combined chart displays the yearly trends across all referral categories from 2019 to 2023:

- Total Referrals show a strong upward trend, with the highest count in 2023.
- Self-Referrals peaked in 2023 after a decline in the prior year.
- Probation Referrals show substantial growth, especially in 2023.
- TUSLA Referrals follow an increasing trend, reaching a peak in 2023.
- Addiction and Mental Health referrals remain consistently low, with minor fluctuations.
- Other Referrals stay low and stable across the years.

DEMOGRAPHICS

2023





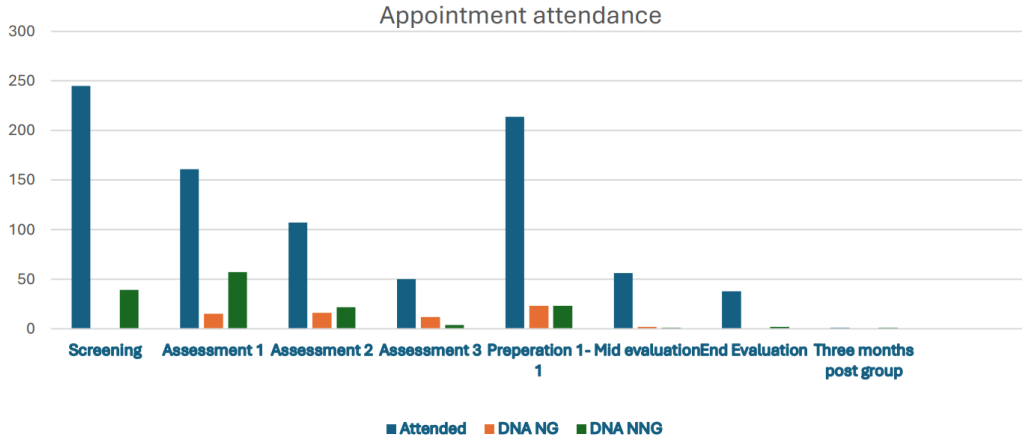
- Drug / Alcohol issues
- Diagnosed Mental Health
- Dyslexia / Literacy Issues
- Difficulties with english
- Gambling Issues
- None

Several factors may contribute to the perpetration of domestic violence, often interacting in complex ways. Here are some key factors:

- **Childhood Experiences:** Exposure to violence, abuse, or neglect in childhood can normalise violent behaviour.
- **Mental Health Issues:** Certain mental health disorders, such as personality disorders, mood disorders, and trauma-related conditions, can increase aggression and impair judgment, contributing to violent behaviours.
- **Substance Abuse:** Alcohol and drug abuse can impair judgment, reduce self-control, and increase aggression, leading to a higher likelihood of domestic violence incidents.

Group

There were 2111 group appointment in total given to men in 2023
 There is a 77% attendance rate (1624)
 With 14% non-attendance with notice
 9% no notice given



Observations and Insights

- Preparation and Initial Assessment: The highest attendance was during the Preparation 1-1 and Assessment 1 stages, where 82% and 69% of scheduled participants attended, respectively.
- However, Assessment 1 had a high number of non-notified absences (57 DNA NNG), suggesting that participants may face initial uncertainties or internal resistance which is a characteristic of the precontemplation stage of behaviour change.
- Drop in Attendance for Subsequent Assessments: Assessment 2 and 3 show declining attendance rates, with 74% and 76% respectively, indicating a potential engagement drop-off as participants progress.

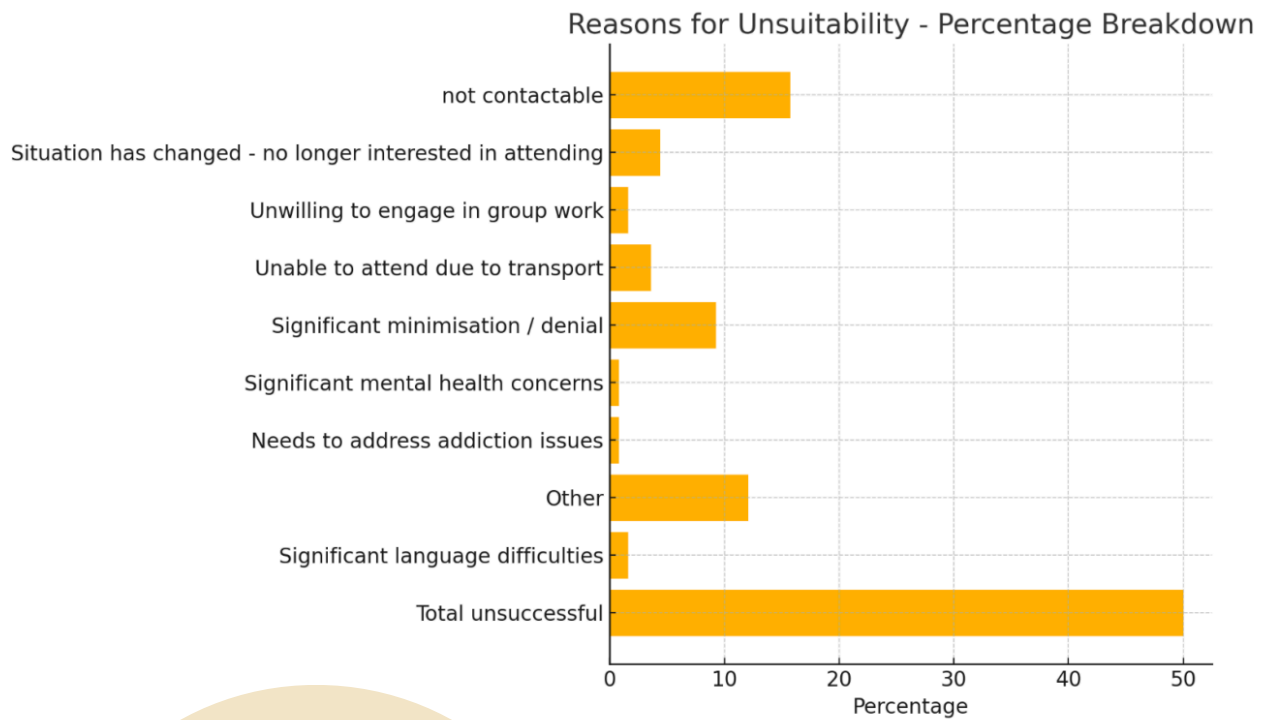
The non-attendance due to non-notification (DNA NNG) decreases with each stage, which could mean that some dropouts self-select out of the program early on, leaving a more committed group over time.

- Final Review and Mid Evaluation: These stages saw relatively high attendance rates of 95% and 95%, respectively. By this point, those still engaged are likely motivated to complete the process, so additional support and encouragement are crucial here to maintain engagement.
- Post Group Follow-Up: For the Post Group 3-Month follow-up, the single participant scheduled did not attend (DNA NNG), underscoring that maintaining long-term follow-ups can be challenging.

Total men
screened
369

Suitable for
assessment: 245
Not suitable: 124

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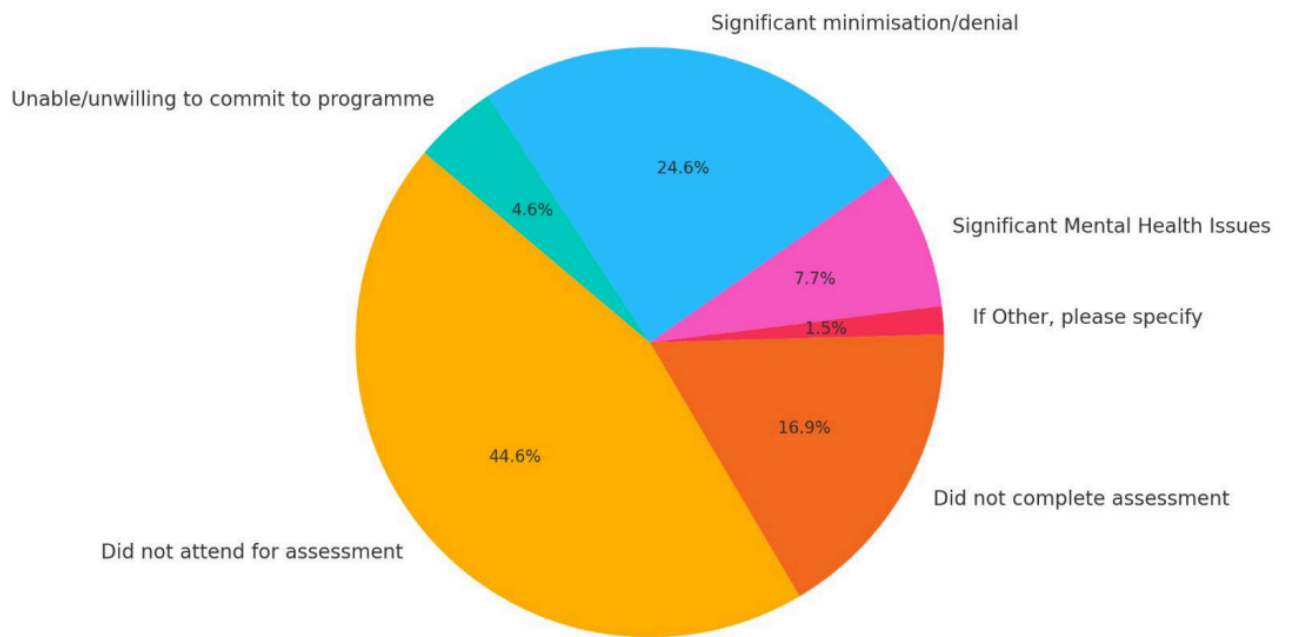


"Not Contactable" is the top reason at just over 15% followed by Significant minimisation / Denial.

Unsuccessful Screenings: This is the largest category, with 133 cases.

Self-referrals constitute nearly half (64), followed by probation referrals (40).

Common Reasons for Unsuccessful Assessments



Here are the key insights from the assessment data trends:

1. Assessment Success Rate:

The majority of assessments (approximately 66%) were successful, indicating a generally positive outcome trend.

2. Primary Reasons for Unsuccessful Assessments:

The main barriers to successful assessments were non-attendance (29 cases), minimization or denial of issues (17 cases), and incomplete assessments (11 cases).

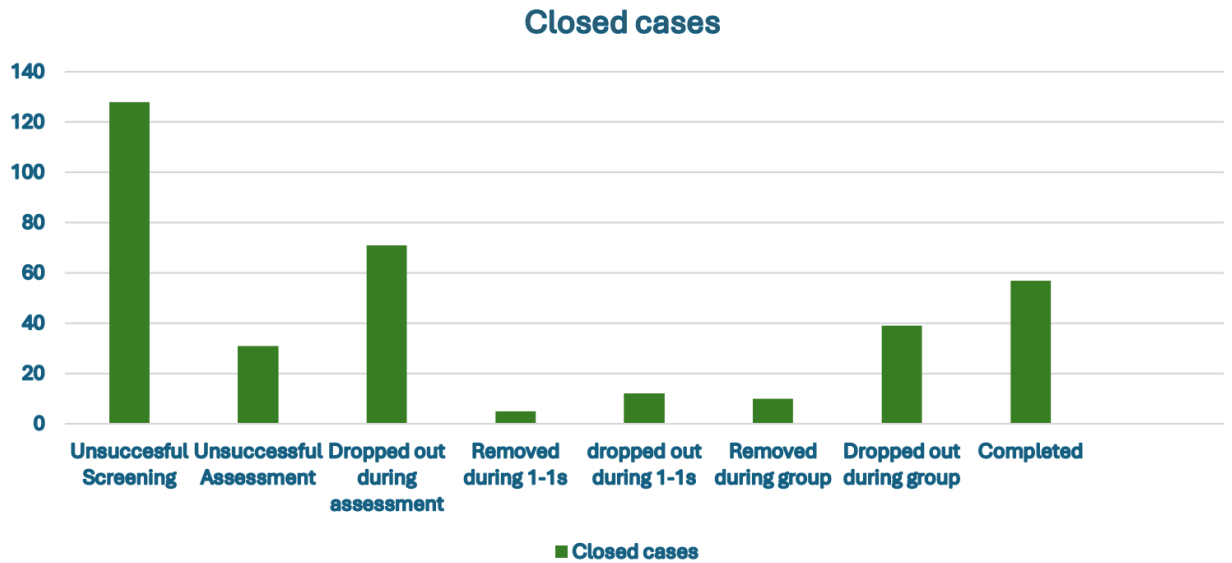
These findings suggest that attendance and engagement are critical challenges for clients.

These figures illustrate that the most common reason for unsuccessful assessments is clients not attending their scheduled assessments, making up 44% of the cases. This is followed by significant minimisation or denial of issues at 26%.

Unsuccessful Assessments account for 41 cases, where probation referrals are most prominent, indicating challenges in this pathway. Dropouts During Assessment are significant, with 68 total cases, where Self and Probation referrals represent the largest portions.

Preparation 1-1 Stage: A smaller but noteworthy proportion (14 total cases) drop out during 1-1 or are removed, which suggests retention issues in personalised sessions for certain referrals (especially probation).

CLOSED CASES



Breakdown of completion

- **Self-Referrals**

Self-Referrals are the largest category (178 cases), with a moderate portion (36 cases) completing the full program. This indicates that while self-referrals bring in high numbers, maintaining engagement remains challenging.

- **Probation and TUSLA Referrals – Strong Participation with Mixed Outcomes:**

Probation: This referral type has a high dropout rate, only 14 completing the full program.

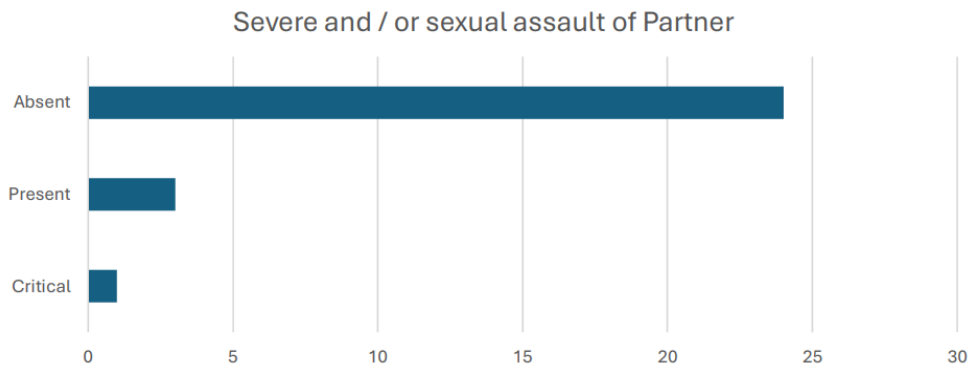
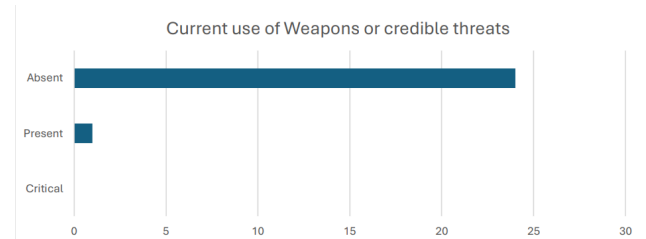
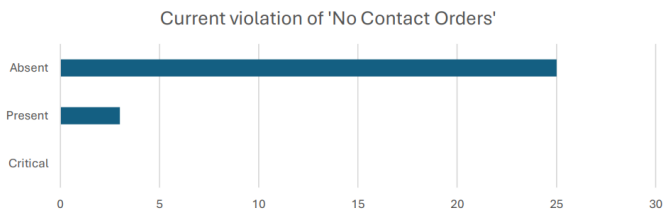
TUSLA: Although TUSLA has a moderate completion rate (7 cases) Addition and Mental Health referrals

Mental Health Referrals: They account for only 3 total cases across all stages, and interestingly, only one of these cases dropped out during the group stage.

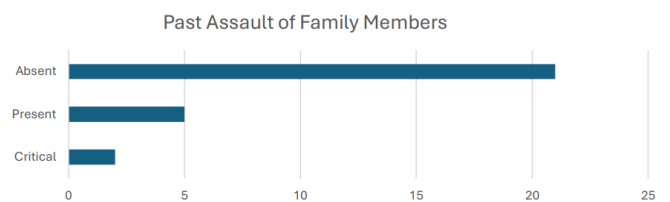
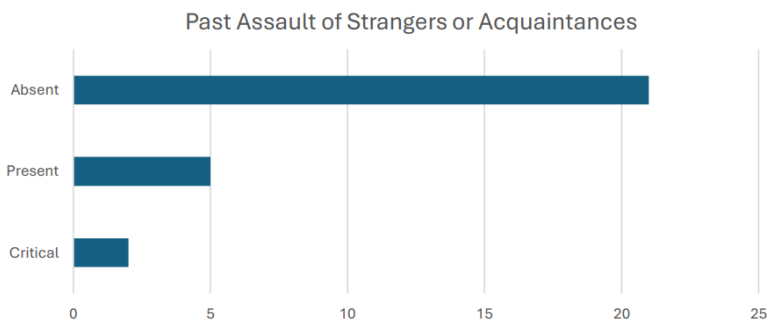
Addiction: Very few referrals related to addiction are listed (only one completion).

SPOUSAL ASSAULT RISK ASSESSMENT

Most Recent Offence



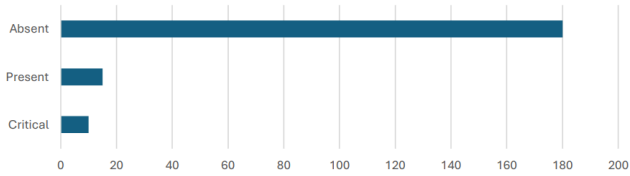
Criminal History Risk Factor



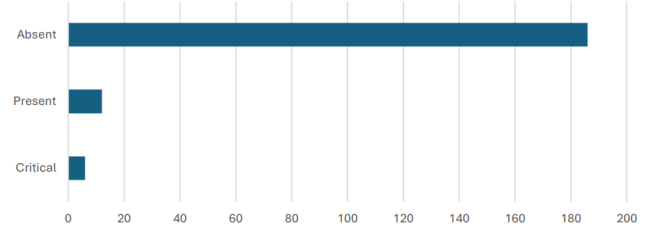
SPOUSAL ASSAULT RISK ASSESSMENT

Psychosocial adjustment Risk factor

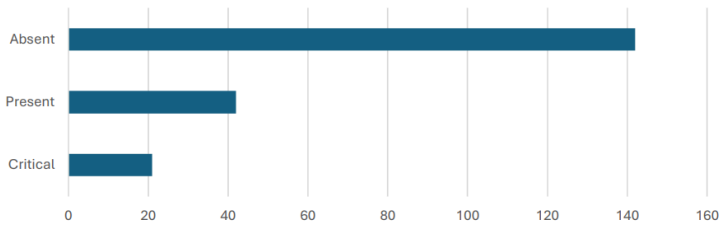
Serious Suicidal and / or Homicidal Ideation



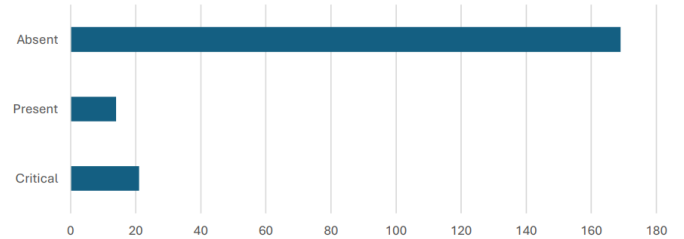
Recent Employment Problems



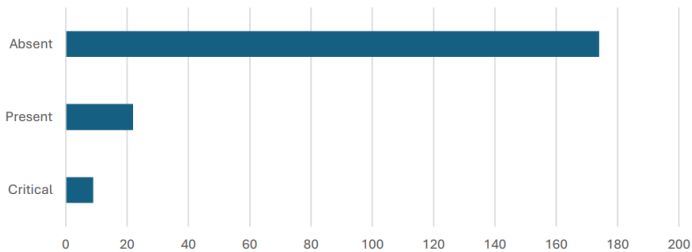
Recent Relationship Problems



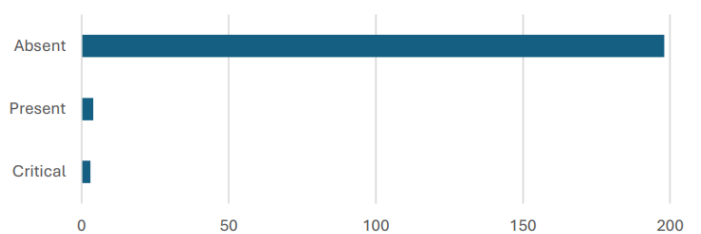
Victim and / or Witness to severe events



Substance Abuse / Dependence

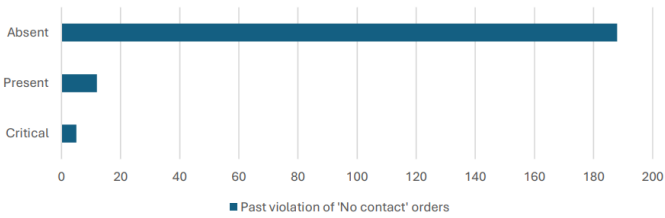


Recent Psychotic or Manic Symptoms

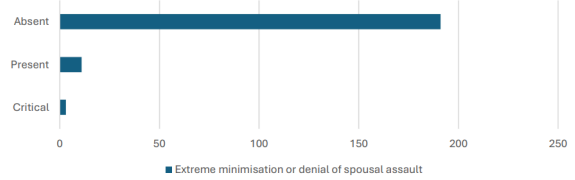


SPOUSAL ASSAULT HISTORY RISK FACTOR

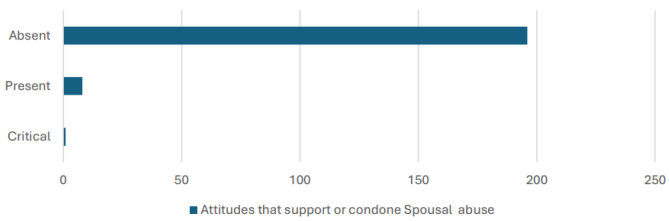
Past violation of 'No contact' orders



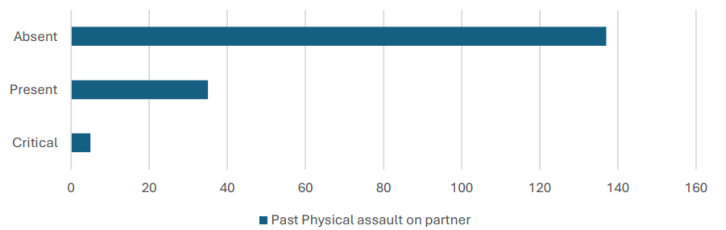
Extreme minimisation or denial of spousal assault



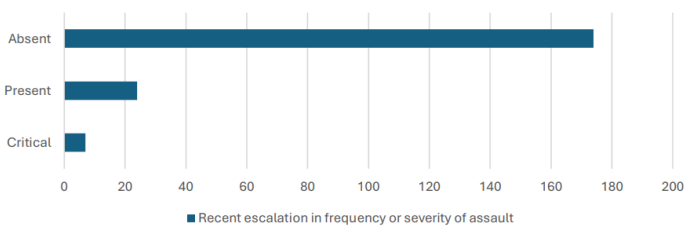
Attitudes that support or condone Spousal abuse



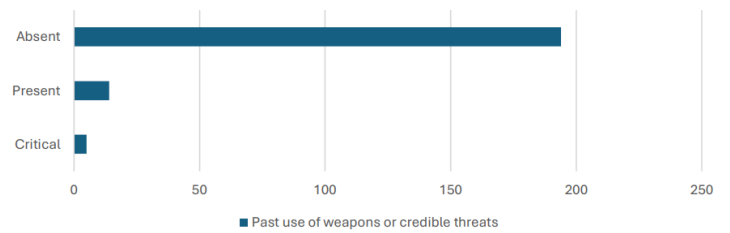
Past Physical Assault on Partner



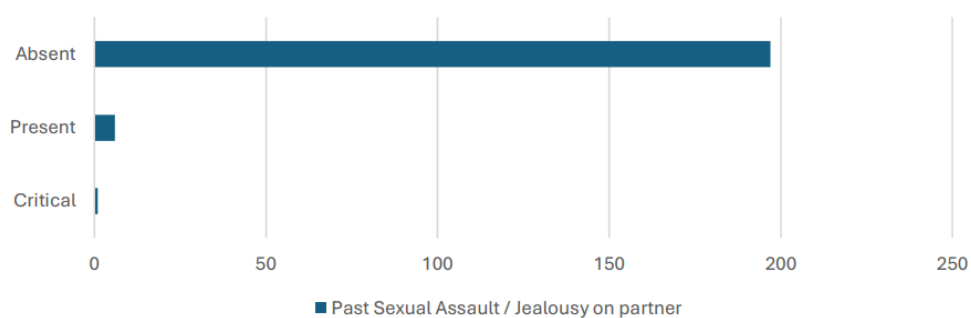
Recent escalation in frequency or severity of assault



Past use of weapons or credible threats

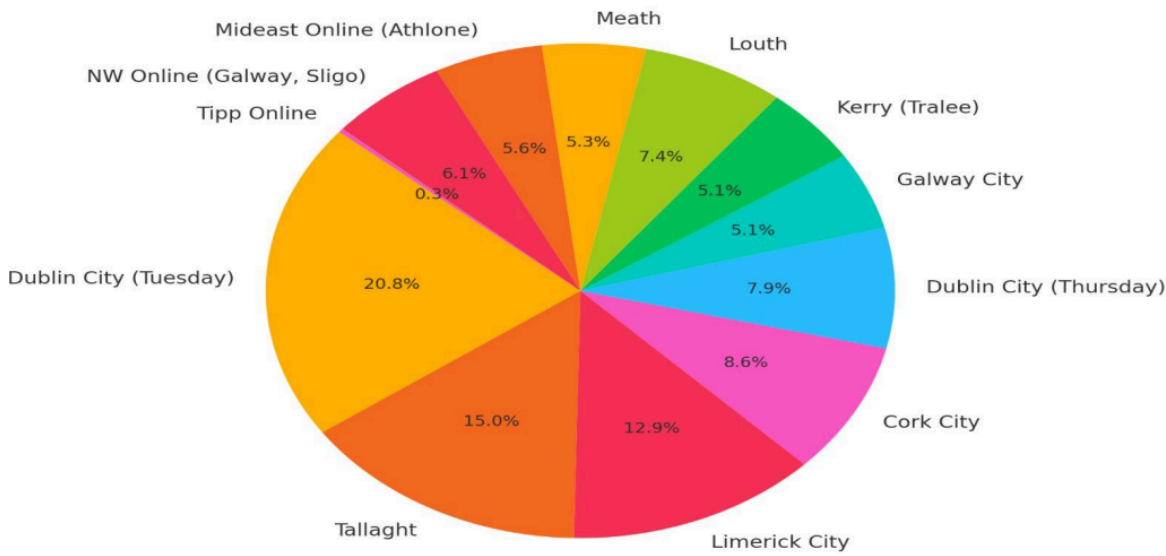


Past Sexual Assault / Jealousy on partner



COURT ORDERS

Percentage Breakdown of Domestic Violence Court Orders by Region



The average number of domestic violence-related orders per referral type is as follows:

Self: 7% orders per referral

Probation: 4% orders per referral

Tusla: 3% orders per referral

Protection Orders constitute the largest portion at 23.1%.

Barring Orders make up 20.8%.

Safety Orders account for 17.0%.

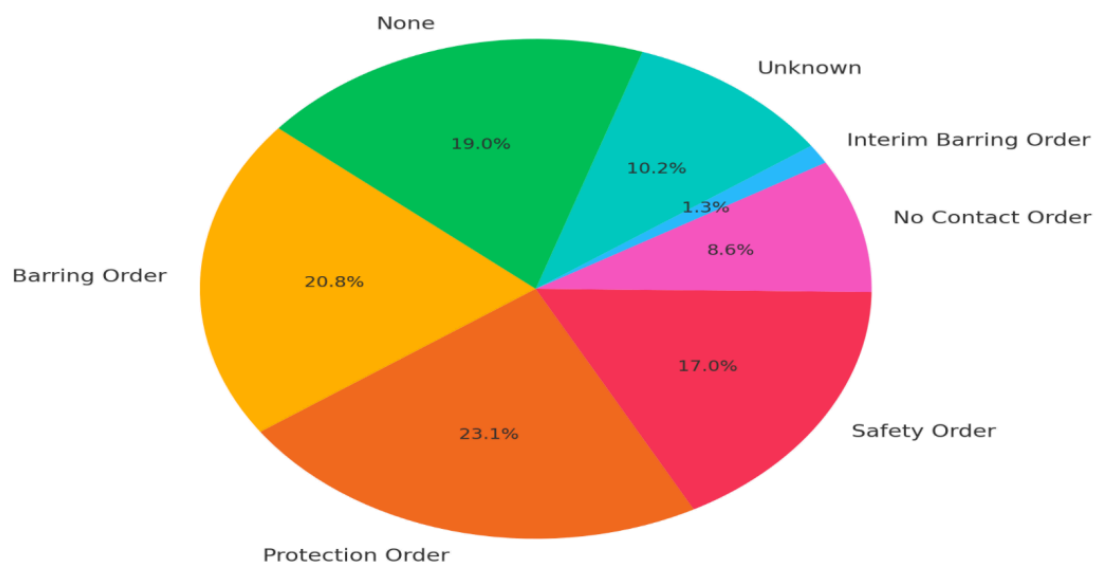
No Contact Orders represent 8.6%.

None responses are 19.0%, indicating cases where no formal orders were issued.

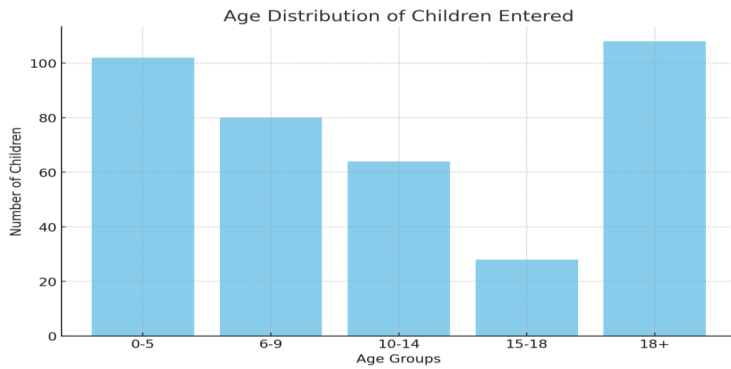
Unknown cases are 10.2%, highlighting areas where men did not engage for us to gather the correct information

Interim Barring Orders are relatively rare, at 1.3%.

Percentage Breakdown of Domestic Violence Court Orders by Type



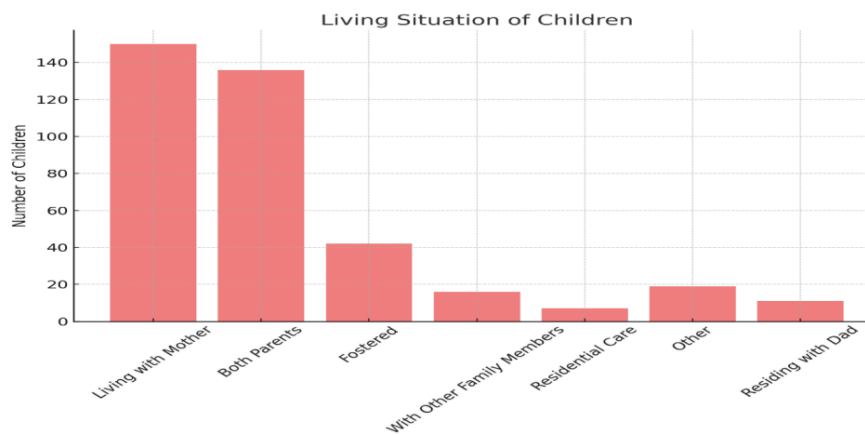
CHILDREN OF PARTICIPANTS



0-5 years: 102 children (indicating a relatively high number of very young children).
6-9 years: 80 children.
10-14 years: 64 children.
15-18 years: 28 children (the lowest count among minors).
18+ years: 108 individuals, possibly reflecting those transitioning out of formal care but still recorded in the system.

Living Situation Patterns

- **Living with Mother (150)** and **Both Parents (136)** are the most common arrangements, indicating many children remain with family even under support systems.
- **Fostered (42)** and **Residential Care (7):** These are significantly lower, showing that foster and institutional care are less common compared to family-based placements.
- **With Other Family Members (16)** and **With Dad (11):** Lower counts here may reflect the involvement of extended family as a secondary option or highlight cases where fathers are less commonly primary caregivers.



Assessment and Plan Status:

- Under Assessment: 7
- Child Welfare Plan: 80
- Child Protection Plan: 61
- Supervised Access: 12
- Unknown Status: 3
- No Assessment/Plan: 219

Status of Assessment and Plans

The distribution across assessment and intervention plans indicates a tiered approach to support:

Child Welfare Plan (80) and **Child Protection Plan (61):** These numbers reveal that a substantial portion of children are under structured plans for welfare or protection, suggesting these cases need continuous oversight or intervention

Financial Report 2023



M.O.V.E. Ireland

DIRECTORS AND OTHER INFORMATION

Directors

Danny Lambert (Appointed 17 December 2023)
Aidan Ruane (Appointed 17 December 2023)
Kate Minogue (Appointed 17 December 2023)
Tom O'Leary (Appointed 17 December 2023)
Grainne Carmody (Appointed 17 December 2023)
Sharon McGrath (Appointed 17 December 2023)
Divya Mathew (Appointed 17 December 2023)
Grainne Carr (Appointed 17 December 2023)
Grant Kelty (Appointed 17 December 2023)
Cyril Dully (Resigned 17 December 2023)
Aoife Prendergast (Resigned 17 December 2023)
Ian Dinan (Resigned 17 December 2023)
Anthony Phipps (Resigned 17 December 2023)

Company Secretary

Grant Gareth McKee Kelty (Appointed 19 January 2024)
Brenda Sheehan (Resigned 19 January 2024)

Company Number

254239

Charity Number

CHY11382 / 20031077

Registered Office and Business Address

Unit 7 Crann Ard Business Centre
Crann Ard
Fethard Road
Clonmel,
Tipperary,
E91 TN62

Auditors

O Gorman Brannigan Purtill & Co. Ltd
Certified Public Accountants and Statutory Auditors
Anglesea House,
Anglesea Street,
Clonmel,
Co. Tipperary
E91 P2C8

Bankers

Bank of Ireland
Ennis
Co, Clare

Solicitors

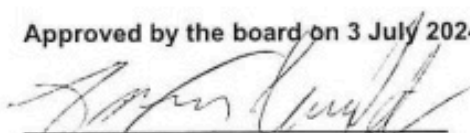
O'Kelly Moylan Solicitors
Ennis
Co Clare

M.O.V.E. Ireland
INCOME AND EXPENDITURE ACCOUNT

for the financial year ended 31 December 2023

	Notes	2023 €	2022 €
Income		870,485	736,570
Expenditure		(837,711)	(724,031)
Surplus before tax		32,774	12,539
Tax on surplus		-	-
Surplus for the financial year		32,774	12,539
Total comprehensive income		32,774	12,539

Approved by the board on 3 July 2024 and signed on its behalf by:



Danny Lambert
Director



Aidan Ruane
Director

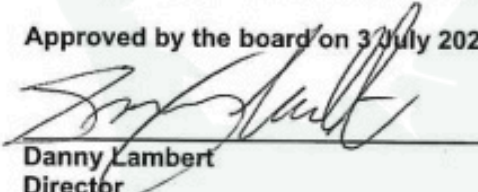
M.O.V.E. Ireland
BALANCE SHEET

as at 31 December 2023

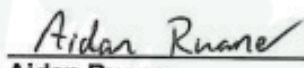
	Notes	2023 €	2022 €
Fixed Assets			
Tangible assets	7	17,936	-
Current Assets			
Debtors	8	15,382	4,631
Cash and cash equivalents		248,497	157,487
		<u>263,879</u>	<u>162,118</u>
Creditors: amounts falling due within one year	9	<u>(114,678)</u>	<u>(27,755)</u>
Net Current Assets		<u>149,201</u>	<u>134,363</u>
Total Assets less Current Liabilities		<u>167,137</u>	<u>134,363</u>
Reserves			
Income and expenditure account		167,137	134,363
Members' Funds		<u>167,137</u>	<u>134,363</u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the board on 3 July 2024 and signed on its behalf by:



Danny Lambert
Director



Aidan Ruane
Director

Unit 7, Crann Ard Business
Centre, Crann Ard, Fethard
Rd., Clonmel, Co. Tipperary
E91 TN62
www.moveireland.ie



MOVE Ireland would like to acknowledge the support of our statutory funders



CUAN

An Gníomhaireacht um Fhoréigean Baile,
Gnéasach agus Inscnebhunaithe

The Domestic, Sexual and
Gender-Based Violence Agency



government supporting communities